



ASPECTS OF SUSTAINABILITY

Relationship To Self

- Physical Health - Listening to your body
- Mental Health - Engaging and Resting
- Emotional Health - Expressing
- Financial Health - Good Hygiene

Relationship To Others

- Win/Win
- Belief that you are accepted/able as you are

Relationship To Systems

- A "Crank" For Leads/Sales/Fulfillment
- A plan for disaster recovery
- Controls in place that systematically protect assets
- Ecological support in family system and community